

## INTRODUCTION

Now that you have started out on the coaching ladder I'm sure you will find it very satisfying and rewarding. The professional coaching route is a very expensive but you should realise that there are many Grant Awards that can help you on the way. The Club in particular recognises the voluntary work you have been doing and wishes to be the first to help you on the way. By keeping this log book and recording your coaching hours the Club will help you with your next Coaching Award - Level 1 Assistant by paying up to £100 towards the costs (you should aim to do 100 hours of coaching = £1 per hour).

You should start planning for the next award now by making a note of organisations where you can apply for a grant and to make sure that you apply for these well in advance (i.e. several months). It is unlikely that you will be able to obtain Grant Funding after the event.

Contact numbers can be obtained from the Club Administrator on 02380 5629952

### **BG Award Structure**

Level 0	Proficiency	Approx. Cost	£50
Level 1	Assistant	Approx. Cost	£300
Level 2	Coach	Approx. Cost	£500
Level 3	Club Coach	Approx. Cost	£?
Level 4	Senior Club Coach	Approx. Cost	£?
Level 5	High Performance Coach	Approx. Cost	£?