

ANTI-DOPING POLICY STATEMENT



As issued by Steve Green, Programme Manager
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Many medications that are used by gymnasts are listed as prohibited or restricted substances in accordance with WADA (World Anti-Doping Agency), the IOC (International Olympic Committee), and indeed the FIG (International Federation of Gymnastics). Although medications are removed or changed annually (caffeine is one example of a substance which was on the restricted substance list in 2005, but last year was removed), it is essential that you are aware of how to check medications and their current status.

If you wish to check a medication please access the following website address;

<http://www.didglobal.com/page/didenqs/search>

or complete and return the document on British Gymnastics Website;

<http://www.british-gymnastics.org> – British Gymnastics Downloads / World Class / Therapeutic Use Exemption Form Faxback

If you are currently taking any prescribed substances, particularly for the control of asthma, it is important to ensure you have appropriate certification signed by a specialist in respiratory medicine. Several cases recently have highlighted the importance of this. In line with the Drug Free policy it is important to be aware that it is the responsibility of the gymnast that they have, a) not taken any restricted or banned substances, or b) have obtained the necessary documentation (Therapeutic Use Exemption (TUE)) which is approved by UK Sport / FIG. If you have any concerns or are unsure as to whether the medication is a restricted or banned substance, please contact Steve Green on 0845 1297 129 x 2366, email; steve.green@british-gymnastics.org

In the fight for drug free sport, on the behalf of British Gymnastics, UK Sport carries out the testing programme. This is run in accordance with British Gymnastics anti-doping policy, (available from the website). We fully endorse a testing programme at squad events, as well as at competition in the UK.

