



Southampton Gymnastics

Summer Holiday Fun



Looking for something FUN, ACTIVE and SAFE in the summer holidays?

Southampton Gymnastics Summer holiday fun classes gives children the chance to experience a variety of gymnastics based activities whilst socialising with their friends. Our qualified and experienced coaches will ensure that children enjoy themselves in a safe and friendly environment.

VENUE: Southampton Gymnastics Centre (opposite Redbridge Community School), Redbridge, Southampton SO16 9RJ

BOOK TODAY

Tel:

02380

529952

ACTIVITIES – 7 years +

Week 1: Freestyle Gym
Dance Pop

Week 2: Gymnastics- Acrobatics

Week 3: Gymnastics- Apparatus

Week 4: Gymnastics- Rebound

Week 5: Gymnastics- Apparatus

Week 6: Freestyle Gym
Street Cheer



Mon 26th & Fri 30th July

Tues 27th, Wed 28th, Thurs 29th July

Monday 2nd to Friday 6th August

Monday 9th to Friday 13th August

Monday 16th to Friday 20th August

Monday 23rd to Friday 27th August

Mon 30th August & Fri 3rd September

Tues 31st August, Wed 1st & Thurs 2nd Sept

2 - 4pm

2 - 4pm

9am - 3pm everyday

9am - 3pm everyday

9am - 3pm everyday

9am - 3pm everyday

2 - 4pm

2 - 4pm



ACTIVITIES – Under 7's

Dance Bobs 4- 6 years **Mondays**

26th July, 2nd, 9th, 16th, 23rd & 30th August

10 - 11am

Tumble Tots 18 mths- 4 yrs **Fridays**

30th July, 6th, 13th, 20th, 27th August, 3rd September

10.20 - 11am

Family Fun 3 mths + **Fridays**

30th July, 6th, 13th, 20th, 27th August, 3rd September

11.10 - 12.10pm

Gym Bobs 4- 6 years **Fridays**

30th July, 6th, 13th, 20th, 27th August, 3rd September

12.30 - 1.30pm

PLEASE CONTACT US FOR PRICES.

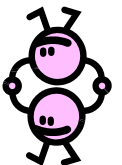
To book a place, request an application form or for more information please

Contact us today on: Tel: **02380 529952** or Email: **sotongym@hotmail.co.uk**

* All abilities welcome

* **British Gymnastics Badges Award Scheme** will be included in the Gymnastics 9-3 everyday classes

* All coaches are insured, child protection checked and members of British Gymnastics.



Southampton Gymnastics Club: Recognised by British Gymnastics as a High Performance Centre



Southampton Gymnastics Summer Holiday Fun

PRICES:

ALL CLASSES TO BE BOOKED AND PAID FOR IN ADVANCE

Tumble Tots	£4 per session
Family Fun	£3.50 per child per session
Gym Bobs	£4 per session
Dance Bobs	£4 per session
Freestyle classes	£6 per session or £10 for 2 sessions
Dance Pop	£10 for 3 afternoon sessions
Street Cheer	£10 for 3 afternoon sessions

Gymnastics- Acrobatics	(Mon-Fri 9am – 3pm)	£50 per week (includes badge & certificate) *
Gymnastics- Apparatus	(Mon-Fri 9am – 3pm)	£50 per week (includes badge & certificate) *
Gymnastics- Rebound	(Mon-Fri 9am – 3pm)	£50 per week (includes badge & certificate) *

*or £11 per day (3 days minimum and Friday is preferable)

Cheques payable to SAGC